**Administrator and Provider Tools**

Multiple links for free training and resources

<https://www.socialwork.career/2020/03/covid-19-resources-social-workers-therapists.html?fbclid=IwAR0wrzUvvA1gKOJUadFxyRfcwIeyXObJBuqFLE5JSV6aOzN8LVTLZJLc4cs>

Self-care for psychologists: A podcast via APA

<https://www.apaservices.org/practice/business/podcasts/self-care>

Mental Health Coping Advice via the CDC

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

[Avoiding Burnout] Headspace for Healthcare Professionals

<https://www.theverge.com/2020/3/16/21181773/headspace-free-health-care-provider-public-health>

Headspace (Offering Headspace Plus for Free for Healthcare Providers, as well as Free Access to School Staff: likely a temporary price reduction due to covid-19)

<https://www.headspace.com/covid-19>

Support Healthcare Provider Well-Being

<https://www1.ucdenver.edu/docs/librariesprovider45/covid-19-support/health-care-provider-well-being.pdf>

**For Administrators**

Guide to Practicing Telepsychology with Minimal Risk

<https://www.nationalpracticeconference.org/images/Slides/Session_1_-_A_Practical_Guide_to_Providing_Telepsychology_with_Minimal_Risk.pdf>

Review of Telehealth Platforms

<https://www.apaservices.org/practice/business/technology/tech-column/telehealth-solutions>

E-Mental Health Implementation Toolkit

<https://www.mentalhealthcommission.ca/sites/default/files/2018-09/E_Mental_Health_Implementation_Toolkit_2018_eng.pdf>

APA Recommendations for COVID-19 and Psychology Services: How to Protect Your Patients and Your Practice

<https://www.apaservices.org/practice/news/covid19-psychology-services-protection>

OPA-COVID-19 Guidance

<https://drive.google.com/file/d/1pQ6IV6b9hQloGURxkto854hAws9vvTvT/view>